P.E. Teacher Education (B.S. in Ed.)
School of Kinesiology & Recreation
2018-2019 Undergraduate Catalog

The requirements below pertain to the 2018-2019 Undergraduate Catalog and are intended as a guide for academic planning. Students should consult with their academic advisor to discuss their individual plan of study.

Illinois Articulation Initiative (37-41 credit hours)
Please consult your Undergraduate Catalog for a complete list of IAI courses.

Communication and Composition (3 courses required)
A grade of C or better required in ENG 101 and 145 or equivalents
   3 C2 900 COM 110 Communication as Critical Inquiry
   3 C1 900 ENG 101 or ENG 101A10 Composition as Critical Inquiry
   3 C1 901 ENG 145 Writing in the Academic Disciplines

Mathematics (1 course required)
Please see major requirements for mathematics options

Physical & Life Sciences (2 courses/7-8 hours required)
Students must complete 1 life science and 1 physical science course; at least one course must have a lab.
   4-5 P1 900L PHY 105 Fund of Physics or P2 900L PHY 108 College Physics I

Humanities & Fine Arts (3 courses required)
At least one humanities and 1 fine arts course required

Social & Behavioral Sciences (3 courses required)
Two different disciplines must be represented
   3 S6 900 PSY 110 Fund of Psychology

Additional Graduation Requirements
   120 minimum total credit hours
   42 minimum senior college hours

AMALI requirement
***certain courses in General Education fulfill the AMALI requirement

B.S. Science, Math, & Technology (1 course required)
   3 KNR 282 Biomechanics of Human Movement

Major (77 credit hours)

   2 KNR 156 Introduction to Physical Education: Teacher Education
   3 KNR 158 Instructional Strategies
   3 KNR 181 Human Anatomy & Physiology I
   3 KNR 182 Human Anatomy & Physiology II
   3 KNR 221 Teaching Elementary Physical Education (P: KNR 158, 225, 245, 246)
   3 KNR 225 Motor Development (P: KNR 158)
   3 KNR 242 Secondary Methods & Practices in Physical Education† (P: KNR 158, 221, 244, 247)
   3 KNR 244 Teaching Team Sports (P: KNR 158, 225)
   3 KNR 245 Teaching Individual/Dual Sport & Activities (P: KNR 158)
   3 KNR 246 Teaching Dance & Tumbling/Gymnastic Forms (P: KNR 158)
   3 KNR 247 Promoting Physical Activity & Fitness in Physical Education (P: KNR 158, 225)
   3 KNR 254 Socio-Psychological Perspectives in Physical Activity
   3 KNR 280 Exercise Physiology (P: KNR 181, 182, conc. KNR 240)
   3 KNR 282 Biomechanics of Human Movement (P: KNR 181, PHY 105 or PHY 108)
   3 KNR 341 Assessment in Physical Education (P: KNR 158, 221, 225, 242)
   3 KNR 364 Senior Seminar in Physical Education Teacher Education (P: conc. reg. KNR 341)
   3 KNR 383 Adapted Physical Education (P: KNR 158, 221, 225, 247)
   1 KNR 391 Creating Positive Learning Environments in Physical Education
   2 TCH 212 Issues in Secondary Education
   3 TCH 216 Principles & Practices for Teaching & Learning
   0 TCH 216A08 Lab for Principles & Practices for Teaching & Learning
   3 TCH 219 Integrating Multiple Literacies & Technology across the Secondary Curriculum (P: TCH 216, 216A08)
   6 STT 399A74 Student Teaching in Secondary Physical Education†
   6 STT 399A75 Student Teaching in Elementary Physical Education†

Take one of the following courses (P: 45+ earned hours):
   3 EAF 228 Social Foundations
   3 EAF 231 Introduction to Philosophy of Education
   3 EAF 235 Historical Foundations

Take one of the following courses:
   3 PSY 215 Educational Psychology (P: PSY 110)
   3 TCH 210 Child Growth & Development (P: 30+ earned hours)

The School of Kinesiology & Recreation strongly recommends that Physical Education Teacher Education candidates complete an endorsement in a second teaching field.

† Admission to Professional Studies required
‡ Must meet the Test of Academic Proficiency (TAP) requirement
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NOTES:

Highlighted courses may be completed at another school.

General Education courses can be completed through one of the following:

1) Baccalaureate-oriented associate degree program which includes the completion of the IAI General Education Core Curriculum
2) Illinois Articulation Initiative (IAI) Core Curriculum program

We recommend that students transfer to ISU for their second year. The Physical Education Teacher Education major takes a minimum of three years at ISU to complete.

A second teaching area (endorsement) is strongly recommended. Endorsements are 24-27 credit hours and typically add an additional year to a student’s program.